

## Decide. Believe. Take Action: Keys to Resilience

## Star Bobatoon

#### MONDAY, MARCH 18, 2024 1:30PM – 3:00PM

Please let us know what you thought of this session



### **SEMINAR HANDOUTS SPONSORED BY:**





# Whatever you do... FINISH STRONG Decide, Believe, Take Action

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**Star Bobatoon** 





# HOW YOU DO Anything IS HOW YOU DO EVERYTHING







## - T.Harv Eker

# Have you ever experienced a challenge?

STAR Consulting LLC



# Years of Excellence

131 2,600Mechanical Industry Contractors

1500 Sales Personnel

47 College Chapters

93 **Affiliate Local** Chapters

# 670 Free Business Resources

Enrich + Engage \* Enchant +

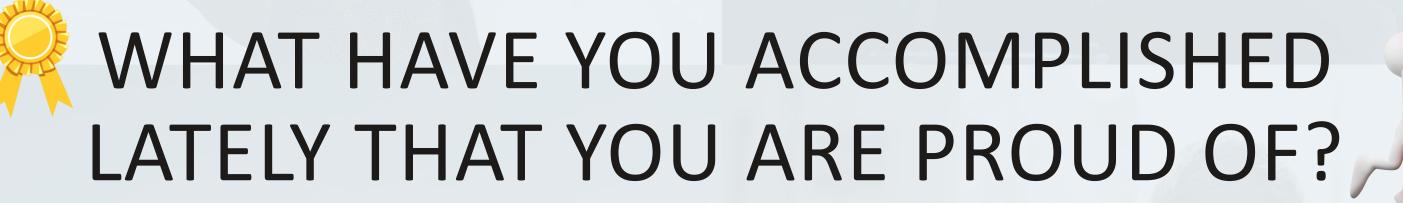


# YOU – STILL HERE

- Getting promoted
- Running your small business
- Managing relationships
- Version of the second secon
- Moving households/offices
- Caring for others













Caveat:

Your next level may present in the form of a challenge





# DECIDE, BELIEVE, TAKE ACTION









# DECIDE, BELIEVE, TAKE ACTION







# DECIDE

# When you are on the fence between fear and faith...





# DECIDE "It is in your moments of decision that your destiny is shaped." - Tony Robbins























# HAVE YOU EVER CHANGED YOUR INTERPRETATION OF THE FACTS?











# WHEN YOU ARE GOING THROUGH HELL...

# ...keep going

# BELIEVE

"Nothing splendid has ever been achieved except by those who dared believe that something inside of them was superior to their circumstances." - Bruce Barton



# BELIEF



# ...a thought we repeat over and over again.



# WHAT THOUGHT HAVE YOU REPEATED TO YOURSELF OVER AND OVER AGAIN?

# WHAT CAN YOU REPEAT INSTEAD?



# TAKE ACTION

"Your ability to **endure**, to continue taking action, **step by step**, in the direction of your dreams, is what will ultimately assure your **success**."

- Brian Tracy





# DECIDE, BELIEVE, TAKE ACTION









"ADVERSITY **INTRODUCES A** MAN OR WOMAN TO THEMSELVES" - Aristotle



Your next level may present in the form of a challenge





# DECIDE, BELIEVE, TAKE ACTION



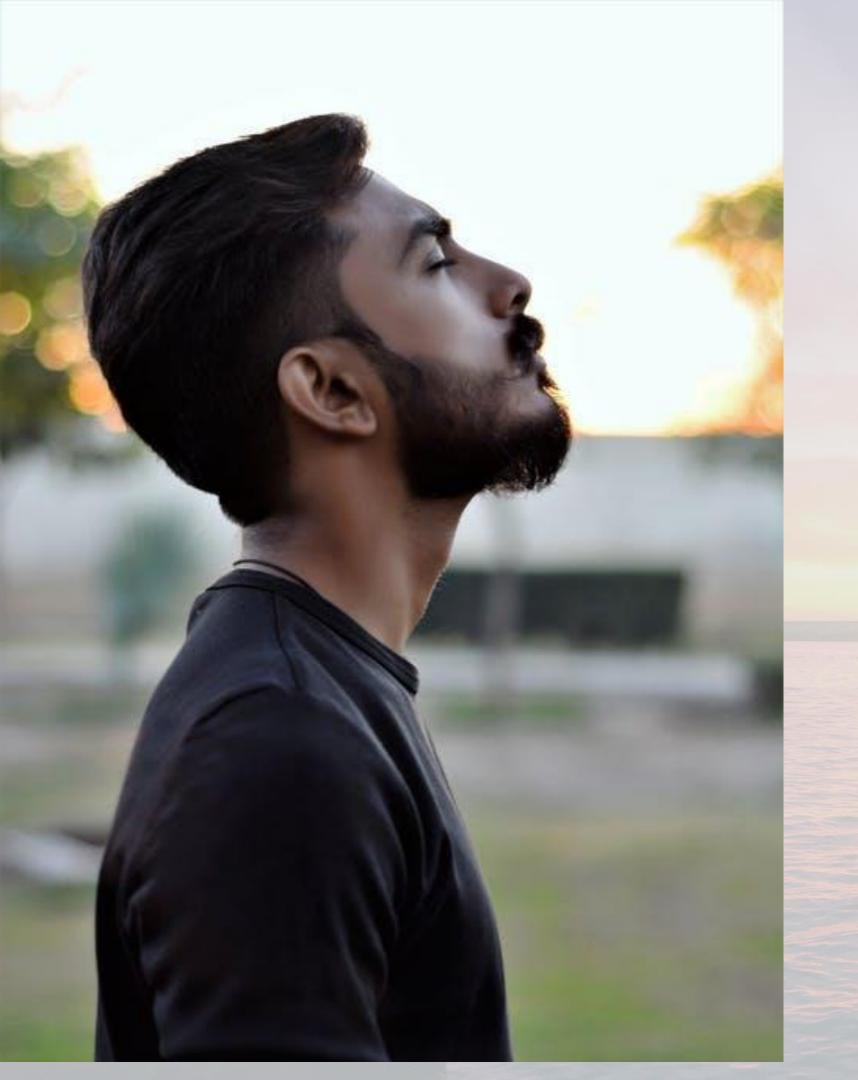




# DECIDE

## You will adapt, pivot and see it through no matter what





# BELIEVE

Whatever you think you are capable of right now, it is nothing compared to what you are capable of going forward.



# BELIEF

If you treat individuals as they are, they will remain how they are. But if you treat them as what they ought to be and could be, they will *become* what they ought to be and could be."

Johann Goethe

# TAKE ACTION

"Everything in life that is hard, is just a series of **steps** that are easy. You just have to take that **first step**."

Steve Garguilo





# DECIDE, BELIEVE, TAKE ACTION





# Enrich + 2 Engage + Grande Lakes Orlando Enchant + March 17-21, 2024



# TAKE THE NEXT STEP













## Whatever you do... FINISH STRONG DECIDE, BELIEVE, TAKE ACTION

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