



# Use the Good China

Star Bobatoon

**MONDAY, MARCH 18, 2024**  
**10:30 AM – 12:00 PM**

Please let us know what you thought of this session



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# Use the Good China: Setting the Table for Personal and Organizational Success!

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**Star Bobatoon**







Talents

Gifts

Abilities

Good China



**Operations**

**Plumber**

**Hairdresser**

**Management**

**Mechanic**

**Counselor**

**Sales**

**HVAC**

**Educator**

**Communication**



**Learned Skills**

**Innate Gifts**

**Passions**

**Good China**



**A RISING STAR**





# SETTING THE TABLE FOR PERSONAL AND ORGANIZATIONAL SUCCESS

**Embrace** Your Good China

**Protect** Your Good China

**Develop** Your Good China

**Use** Your Good China



# Embrace Your Good China

**RECOGNIZING AND EMBRACING  
YOUR UNIQUE ABILITIES**



**RECOGNIZING  
YOUR  
Good China**



What skills or innate qualities have led to your success?

When have you felt most alive?

# EMBRACING YOUR Good China

- Fulfillment and happiness
- Authenticity
- Personal growth
- Success
- Contribution to the world

# **BARRIERS**

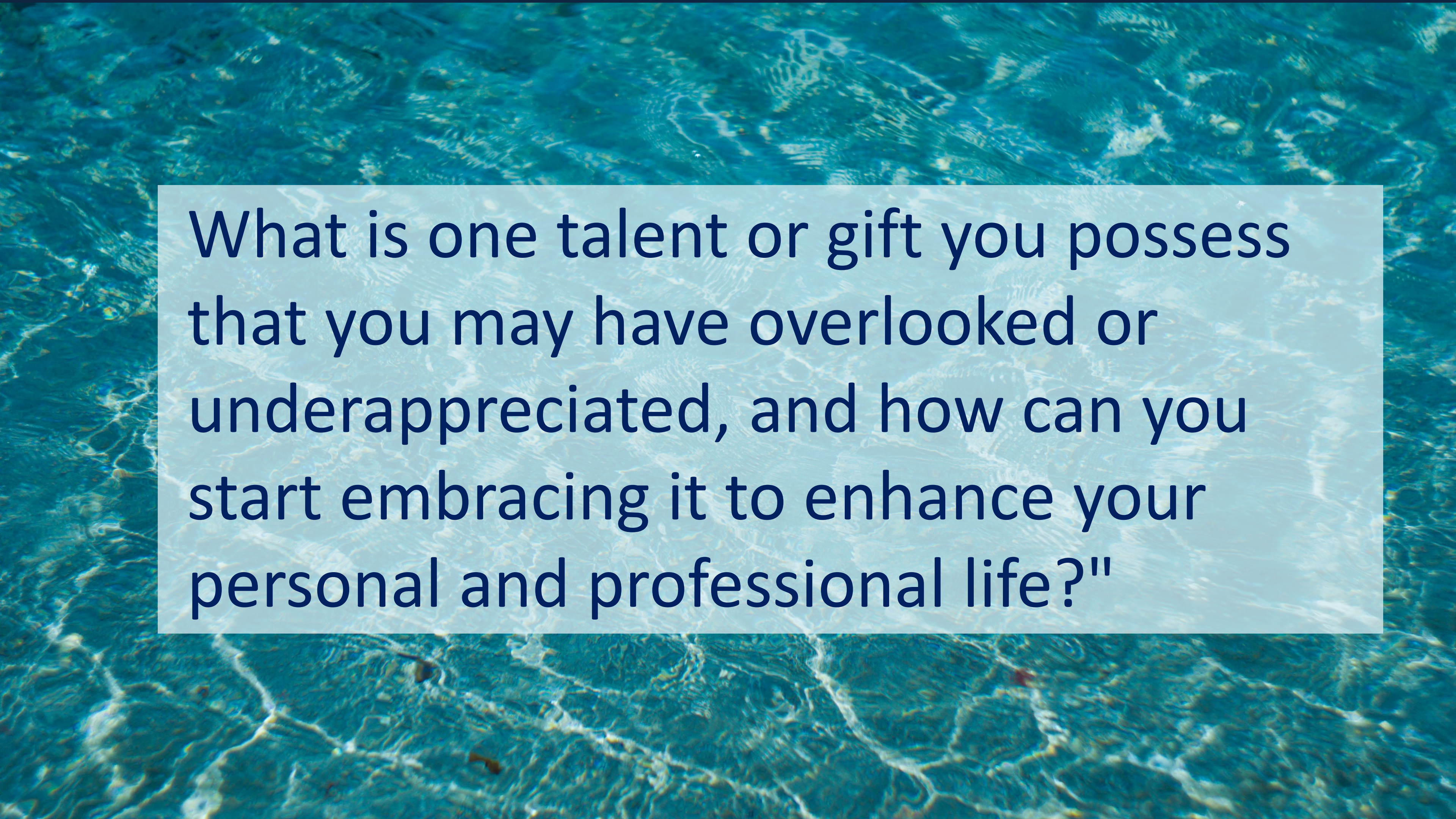
1. Lack of Awareness
2. Fear of Failure
3. Fear of Criticism
4. Comfort Zone
5. Comparison with Others



1. Self-Reflection
2. Skill Development
3. Supportive Community
4. Application

Accepting  
your  
Good China





What is one talent or gift you possess that you may have overlooked or underappreciated, and how can you start embracing it to enhance your personal and professional life?"



# Protect Your Good China

**OVERCOMING NEGATIVITY AND  
CHALLENGES**

**THE BATTLE  
AGAINST  
NEGATIVITY AND  
DOUBT**





"Challenges are what make life interesting and overcoming them is what makes life meaningful." – Joshua J. Marine



# Strategies to Fortify Our Mental and Emotional Defenses.



# MENTAL FORTITUDE

Mindfulness  
Positive Affirmations



# EMOTIONAL RESILIENCE

Gratitude Journal  
Social Support Systems



# REFRAMING THE NARRATIVE

The way we live our lives is a direct result of the stories we believe about ourselves.

*Les Brown*







Positive  
things about  
yourself.

# BEAUTY IN THE BROKENNESS

**Kintsugi** teaches us that our brokenness is not the end of our story, but the beginning of something more beautiful."





Protecting your 'good China' is about shielding it from the elements while still putting it to use.



# Develop Your Good China

**CULTIVATING PERSONAL  
EXCELLENCE**



UPDATED EDITION

CAROL S. DWECK, Ph.D.

# mindset

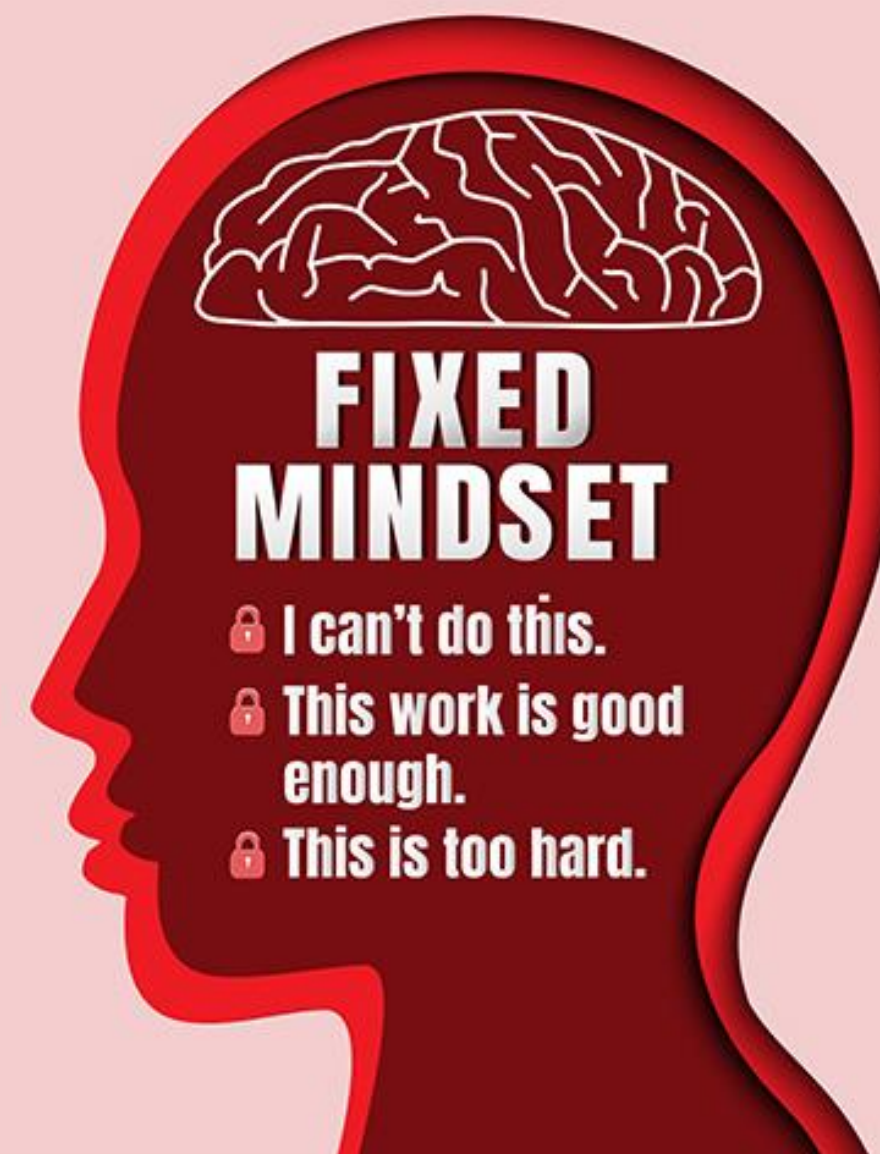
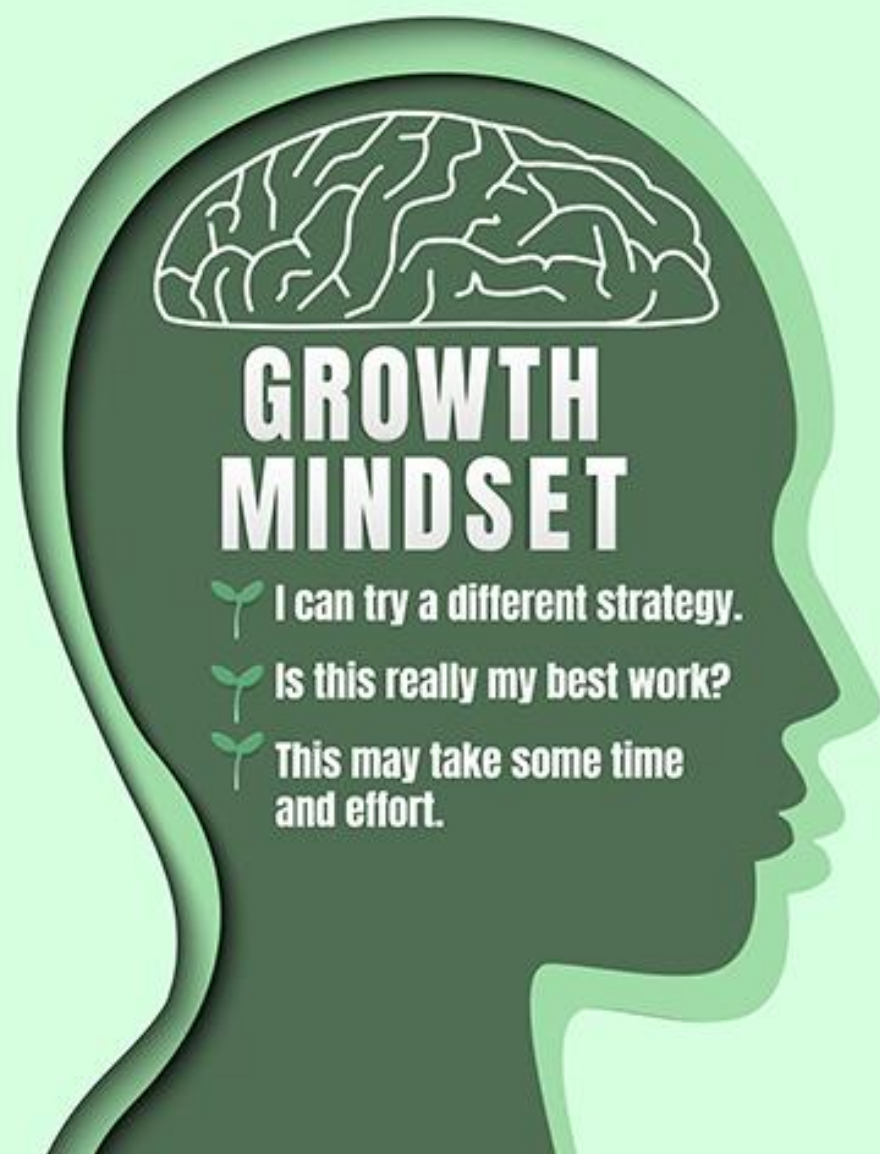
THE NEW PSYCHOLOGY OF SUCCESS

HOW WE CAN  
LEARN TO FULFILL  
OUR POTENTIAL

2  
MILLION  
COPIES  
IN PRINT

+parenting  
+business  
+school  
+relationships

"Through clear research studies and engaging writing, Dweck illustrates how our beliefs about our capabilities can increase or decrease our success and which path we take to it."  
—Bill Gates, *Goodreads*



# CULTIVATING PERSONAL EXCELLENCE



1. **Seek Feedback**
2. **Invest in Education and Training**
3. **Practice Regularly**
4. **Stay Curious and Growth-Minded**

A set table with white plates, silverware, and glasses on a blue background. The table is set with a white tablecloth, a white plate, a silver fork and knife, a glass of water, and a wine glass. The background is a solid blue color.

# Use Your Good China

**PUTTING YOUR GIFTS TO  
USE**





# **THE RIGHT TIME IS NOW**

Procrastination is  
the thief of  
opportunity.



# THE RIPPLE EFFECT OF YOUR CONTRIBUTIONS



**You**

**Family**

**Community**

# THE ORGANIZATIONAL BANQUET

Cultivating  
a Culture of  
Excellence



# Organizational Good China

Core values, customer  
service, innovative  
processes



# Organizational Good China

The collective skills,  
talents, and potential  
of people





# Strategies for Nurturing Excellence



# THE ROLE OF LEADERSHIP



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# THE ONGOING JOURNEY

# THE FEAST OF SUCCESS AWAITS





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